

## EMERGENCY ACTION PLAN

### UXBRIDGE ARENA DIAMOND

Emergency Phone Numbers: **9-1-1**  
Durham Police **888-579-1520**  
Uxbridge Fire and Rescue **416-894-0805**

Phone # - Coach : \_\_\_\_\_  
Phone # - Assistant Coach: \_\_\_\_\_

Diamonds Address: 291 Brock Street West  
Uxbridge, ON L9P 1G1

Uxbridge Cottage Hospital 4 Campbell Drive  
Uxbridge, ON L9P 1R5  
**(905) 852-9771**

Charge Person (1st Option): \_\_\_\_\_  
Charge Person (2nd Option): \_\_\_\_\_

Call Person (1st Option): \_\_\_\_\_  
Call Person (2nd Option): \_\_\_\_\_  
Call Person (3rd Option): \_\_\_\_\_

## Roles and Responsibilities

### CHARGE PERSON:

- Clear the risk of further harm to the injured person by securing the area and shelter the injured person from the elements
- Designate who is in charge of the other participants
- Protect yourself (wears gloves if she/he is in contact with any body fluids such as blood)
- Assess ABCs (check that airway is clear, breathing and pulse are present, no major bleeding etc.)
- Wait by the injured person till EMS arrives and the injured person is transported
- Fill in Accident Report form

### CALL PERSON:

- Call for emergency help
- Provide all necessary information to dispatch (e.g. facility location, nature of injury, what if any, first aid has been done)
- Clear any traffic from the entrance/access road before EMS arrives
- Wait by the entrance to the facility to direct the ambulance when it arrives
- Call the emergency contact person listed on the injured medical profile or contact list

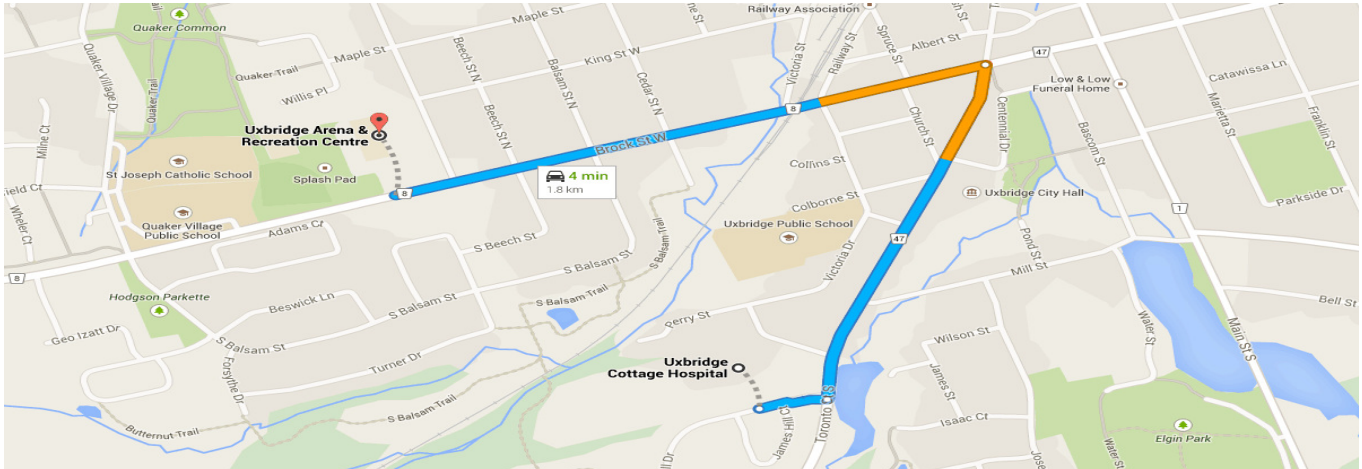
# Driving directions to Arena Diamond in Uxbridge From Uxbridge Cottage Hospital

Uxbridge Cottage Hospital to Uxbridge Arena & Recreation Centre - Goog... <https://www.google.ca/maps/dir/Uxbridge+Cottage+Hospital,+Campbell...>



Drive 1.8 km, 4 min

Directions from Uxbridge Cottage Hospital to Uxbridge Arena & Recreation Centre



## Uxbridge Cottage Hospital

4 Campbell Drive, Uxbridge, ON L9P 1R5



1. Head east on Campbell Dr toward James Hill Ct

110 m



2. Turn left onto Toronto St S/Durham Regional Hwy 47

800 m



3. Turn left onto Brock St W/Durham Regional Rd 8

Destination will be on the right

950 m

## Uxbridge Arena & Recreation Centre

291 Brock Street West, Uxbridge, ON L9P 1G1

These directions are for planning purposes only. You may find that construction projects, traffic, weather, or other events may cause conditions to differ from the map results, and you should plan your route accordingly. You must obey all signs or notices regarding your route.

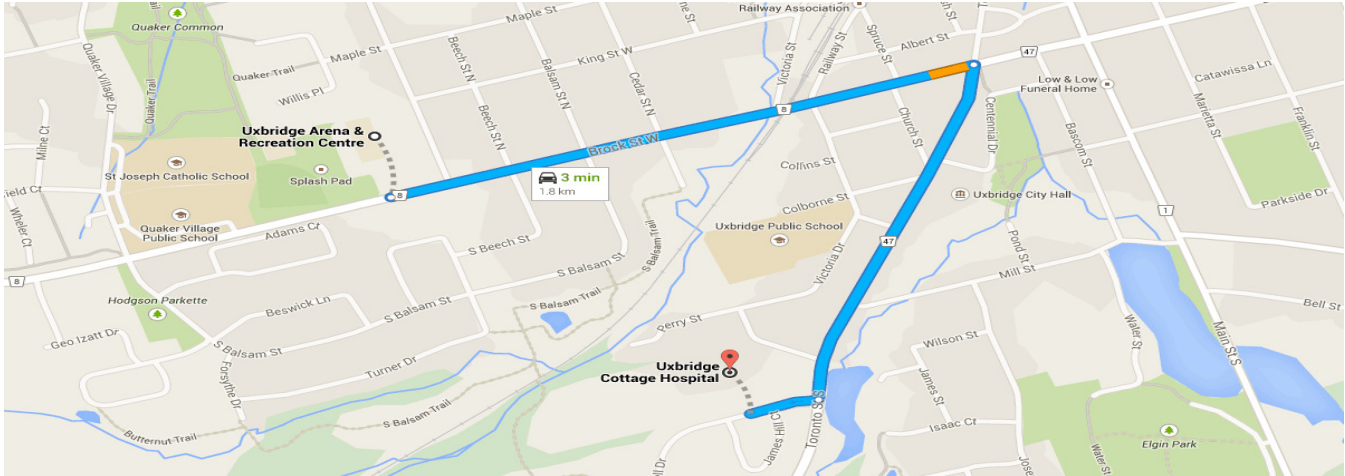
# Driving directions from Arena Diamond in Uxbridge To Uxbridge Cottage Hospital

Uxbridge Arena & Recreation Centre to Uxbridge Cottage Hospital - Google... <https://www.google.ca/maps/dir/Uxbridge+Arena+%26+Recreation+Centre...>



Drive 1.8 km, 3 min

Directions from Uxbridge Arena & Recreation Centre to Uxbridge Cottage Hospital



## Uxbridge Arena & Recreation Centre

291 Brock Street West, Uxbridge, ON L9P 1G1

- ↑ 1. Head east on Brock St W/Durham Regional Rd 8 toward Centre Rd 950 m
- ↘ 2. Turn right onto Toronto St S/Durham Regional Hwy 47 750 m
- ↘ 3. Turn right onto Campbell Dr 110 m  
i Destination will be on the right

## Uxbridge Cottage Hospital

4 Campbell Drive, Uxbridge, ON L9P 1R5

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